

FREIDA™, the American Medical Association Residency & Fellowship Database®

The road to residency made simple.

About FREIDA

The FREIDA database allows medical students and residents to easily search more than 12,000 residency and fellowship programs accredited by the Accreditation Council for Graduate Medical Education.

How FREIDA can help you land the right spot

FREIDA allows you to search our vast database of over 12,000 programs with efficiency and confidence. FREIDA's exceptional tools and resources let you:

- **Target and refine your search** using up to 35 filters; for example, location (using list or map view), program type, salary
- **Get information** on sponsoring and affiliated institutions using our institution directory
- **Access FREIDA's Specialty Guide**, designed to simplify medical students' specialty selection process, highlight major specialties, detail training information and provide access to related specialty society information
- **Search for newly vacant positions** posted by program directors
- **Save your searches** so you don't have to reapply your filters for each search
- **Browse our video gallery**, featuring resources to help you navigate your residency journey

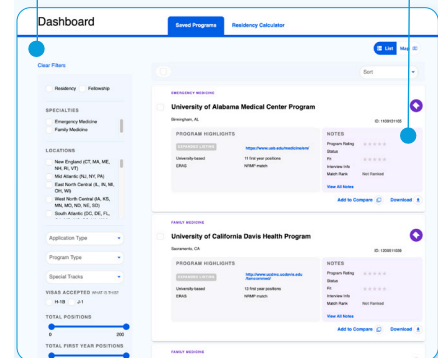
How AMA membership can help you get the most out of FREIDA

Beyond standard FREIDA capabilities, AMA members gain access to benefits including:

- **Members-only dashboard** that lets you compare programs side-by-side and download your results to a worksheet
- **Personalized section** for adding your notes, program ratings, application status, post-interview thoughts—helpful when creating your Rank Order List for the National Resident Matching Program (NRMP)
- **The FREIDA Residency Calculator** can help you plan ahead for application and Match fees

Over 35 filters to help find the program that's right for you.

MEMBERS-ONLY FEATURE
Save, take notes and rank programs.

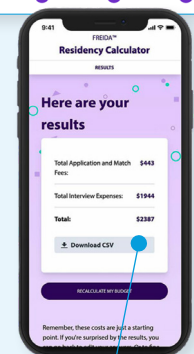


MEMBERS-ONLY FEATURE

Side-by-side view lets you compare 5 programs at once.

Comparing 5 Programs

	MEMBERS-ONLY FEATURE University of Alabama Medical Center Program Birmingham, AL	INTERNAL RESIDENCY East Alabama Medical Center Program Guntersville, AL	INTERNAL RESIDENCY Thomas Woodruff Program Falmouth, AL	INTERNAL RESIDENCY Morehead State University Program Morehead, KY	INTERNAL RESIDENCY Sigma Xi Health Care Valley Program Chattanooga, TN
Status	INTERNAL RESIDENCY	INTERNAL RESIDENCY	INTERNAL RESIDENCY	INTERNAL RESIDENCY	INTERNAL RESIDENCY
Program Type	University-based	Community-based	Community-based	Community-based	Community-based
Accepting Applications	Yes	Yes	Yes	Yes	Yes
First Year Positions	11	10	10	5	13
Program Length	3 Years	3 Years	3 Years	3 Years	3 Years
NRMP (MATCH IS 2022)	Yes	Yes	Yes	Yes	Yes
ERAS (MATCH IS 2022)	Yes	Yes	Yes	Yes	Yes
Fit	★★★★★				
Rating	★★★★★				
Cost of Living					



MEMBERS-ONLY FEATURE

Budget for residency application costs with our easy-to-use Residency Calculator.

Learn more about how to use FREIDA to improve your residency search

Easily save and compare your search results

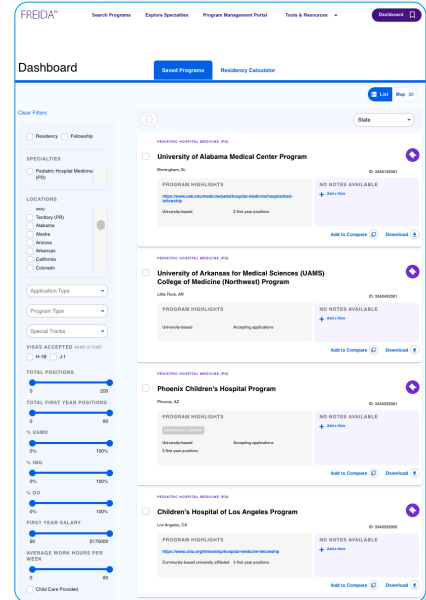
Access unlimited program views, **save favorite custom searches** and nickname your favorites to re-use with a **free** AMA account.

MORE ABOUT

FREIDA's extensive filters

Pinpoint your search with these helpful filters:

- Location (list or map view)
- Program type
- Application information
- Program size
- Salary and work hours
- Osteopathic recognition
- Special tracks, and more!



AMA members can compare and save programs they're interested in.

Comparing 5 Programs Download (5)

	PEDIATRIC HOSPITAL MEDICINE (PD) Advocate Health Care/Advocate Children's Hospital (Park Ridge) Program Park Ridge, IL	PEDIATRIC HOSPITAL MEDICINE (PD) Baylor College Of Medicine (Houston) Program Houston, TX	PEDIATRIC HOSPITAL MEDICINE (PD) Baylor College Of Medicine (San Antonio) Program San Antonio, TX	PEDIATRIC HOSPITAL MEDICINE (PD) Case Western Reserve Univ/Univ Hosps Cleveland Med Ctr/Rainbow Babies And Childrens Hospital Program Cleveland, OH	PEDIATRIC HOSPITAL MEDICINE (PD) Children's Hospital Medical Center Of Akron/NEOMED Program Akron, OH
Status					
Program Type	Community-Based	University-Based	University-Based	University-Based	Community-Based
Accepting Applications	Yes	Yes	Yes	Yes	Yes
First Year Positions	2	4	2	1	2
Program Length	2 Years	2 Years	2 Years	2 Years	2 Years
NRMP WHAT IS THIS?	No	No	No	No	No
ERAS WHAT IS THIS?	No	No	No	No	No
Fit					
Rating					
Cost Of Living					

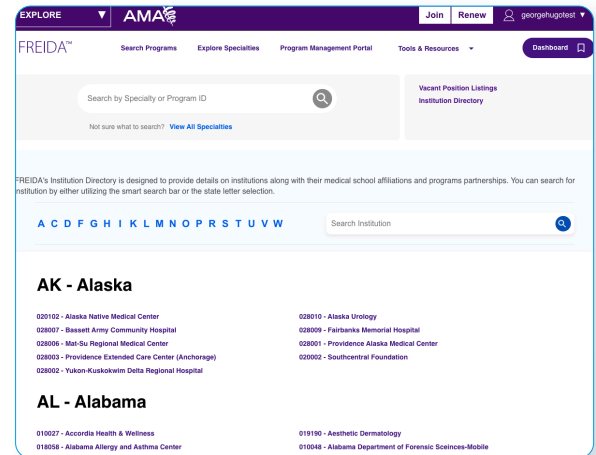
MORE ABOUT

FREIDA's Institution Directory

<https://freida.ama-assn.org/institution?page=1>

This directory provides crucial details you need on over 7,000 training institutions, along with their medical school affiliations and affiliated and sponsored programs. You'll gain information on institution type, and for hospitals:

- Clinical environment
- Special clinic resources
- Number of beds
- Annual admissions
- And much more



MORE ABOUT

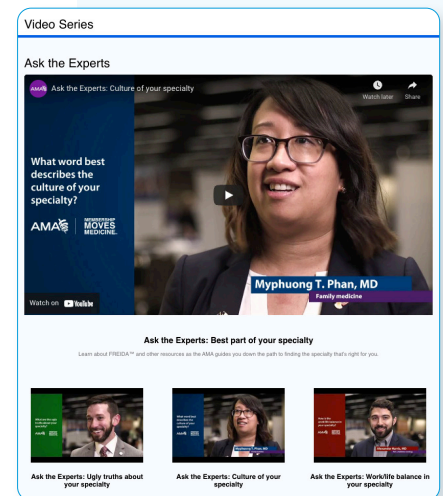
FREIDA'S Specialty Guide

<https://freida.ama-assn.org/specialty>

This guide allows students to explore over 180 specialties and subspecialties. It also:

- Details training information
- Provides access to related specialty society information
- Includes important specialty training information, such as graduates' career plans and specialty program statistics
- Hosts the "Ask the Experts" video series, where physicians talk about the ins and outs of their specialty, including best and worst aspects, work-life balance and why they chose it

<https://freida.ama-assn.org/video-series/ask-experts>

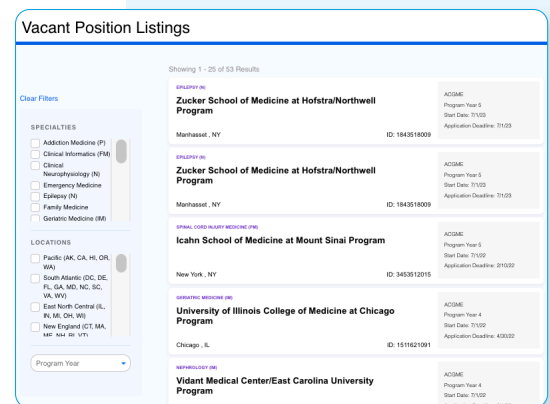


MORE ABOUT

Finding vacant positions using FREIDA

<https://freida.ama-assn.org/vacant-position>

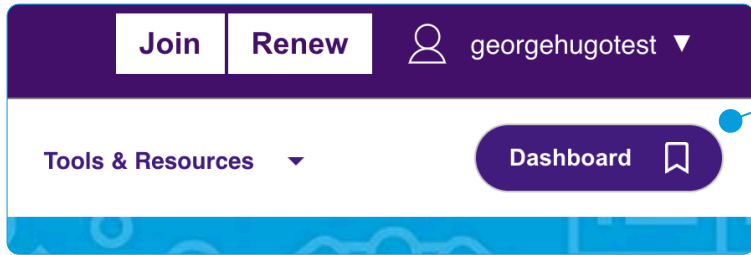
FREIDA lets you search for newly vacant positions by specialty, location and program-year filters.



MORE ABOUT

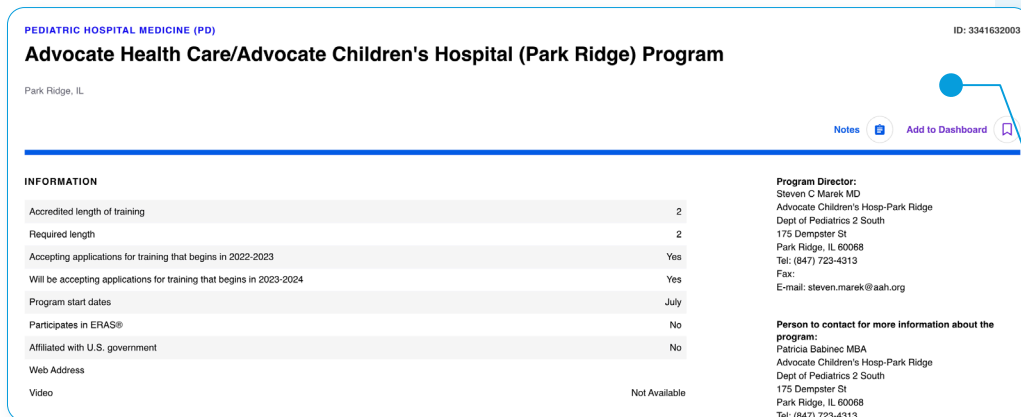
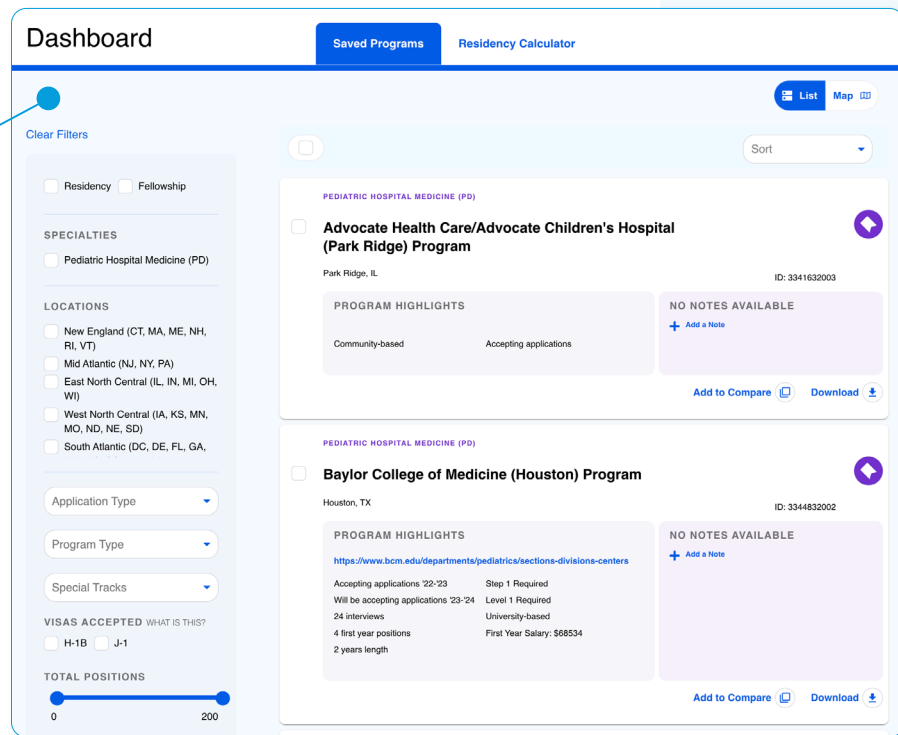
AMA member benefits

Our members-only dashboard injects convenience and ease in your residency search.



DASHBOARD VIEW
Where to find it

DASHBOARD VIEW
Logged-in view of a member dashboard



DASHBOARD VIEW
Save a program to your dashboard

DASHBOARD VIEW

Note taking section

- Personalized section for adding your notes, ratings, application status, post-interview thoughts—helpful when creating your Rank Order List for the National Resident Matching Program (NRMP)
- Ability to analyze program attributes and download saved programs into a personal Excel sheet that you can continue updating

PEDIATRIC HOSPITAL MEDICINE (PD)
Advocate Health Care/Advocate Children's Hospital (Park Ridge) Program

PROGRAM RATING ★★★★★

STATUS Applied

INTERVIEW DATE/TIME

CULTURAL/PERSONALITY FIT ★★★★★

RESIDENTS' MORALE ★★★★★

FACULTY TEACHING AVAILABILITY ★★★★★

COMMUNITY TYPE Select...

RELATIVE COST OF LIVING ★★★★★

MATCH RANK ORDER 2

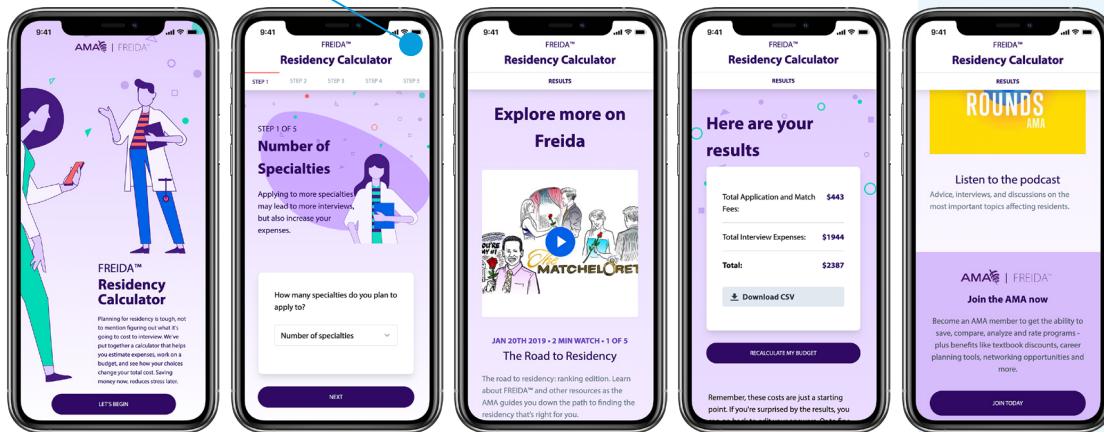
ADD COMMENT

Applied!

Save Comment +

MOBILE VIEW

Residency Calculator



- Access the FREIDA Residency Calculator, a tool that helps you budget and plan ahead for applications, interviews and Match fees <https://freida.ama-assn.org/calculator>


MORE ABOUT


FREIDA's Video Gallery

<https://freida.ama-assn.org/video-series>

Among other videos, this page hosts a "Road to Residency" video series, which helps guide medical students to find the types of residency programs that are right for them by providing valuable insights on budgeting, ranking, Match Day and more.




The Road to Residency Made Simple



Watch on  YouTube

Road to Residency: Overview

Learn about FREIDA™ and other resources as the AMA guides you down the path to finding the residency that's right for you.



Road to Residency: Ranking Edition Road to Residency: Budgeting edition Road to Residency: Match Week

Your perfect program is waiting.
Access FREIDA today.
freida.ama-assn.org

Check out the FREIDA demo video.

